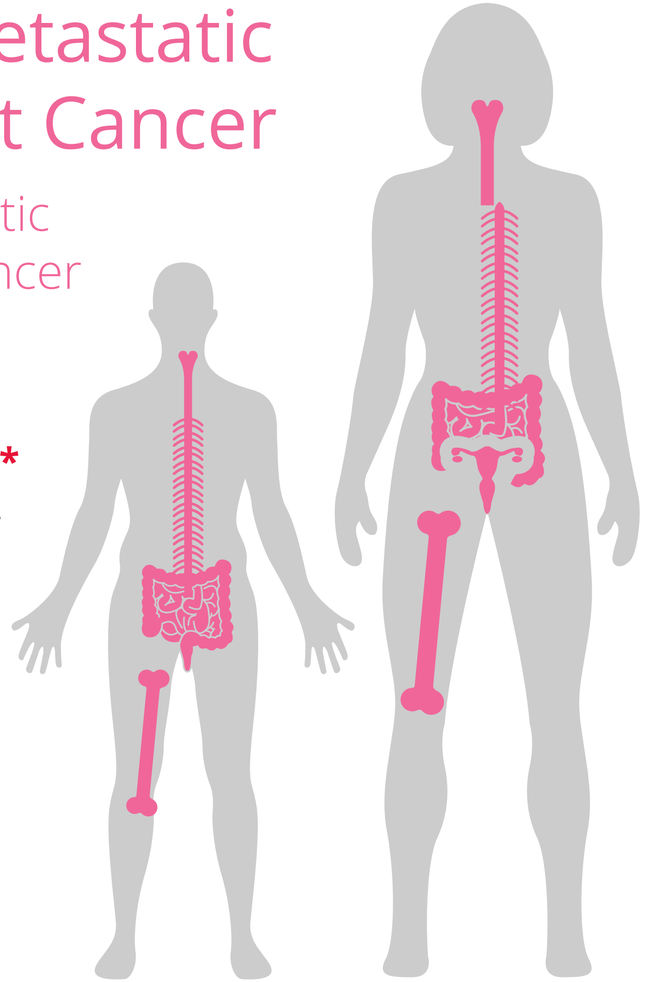
Secondary / Metastatic (lobular) Breast Cancer

Also known as metastatic or advanced breast cancer

After primary breast cancer be aware of these **RED flags*** for secondary breast cancer. There are 3 main areas that secondary breast cancer can appear.



***SYMPTOMS CAN MIMIC OTHER CANCER SO BE AWARE, IF THE RED FLAG PROBLEM PERSISTS MORE THAN 3 WEEKS CONTACT YOUR MEDICAL TEAM DIRECTLY**

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GYNAECOLOGICAL TISSUE

Can be vague and not specific but mimic other cancers or common illnesses- Abdominal/pelvic pain, uterine/pelvic bleeding, abdominal swelling/bloating and/or a sense of fluid in the abdomen, hot flushes, leg swelling, bone pain, shortness of breath.



BONE

Pain in bones — commonly thigh, arm, ribs and back. Can be dull ache or sharp shooting pain. Bone pain with no obvious cause or trauma. Report any new, unusual or increasing pain.



GASTROINTESTINAL

Can be vague and not specific but mimic other cancers or common illnesses - difficulty swallowing, abdominal pain, symptoms of a bowel obstruction, feeling full early when eating, changes to appetite, nausea and/or a sense of fluid in the abdomen, leg swelling, bone pain, shortness of breath.



SPINAL CORD COMPRESSION

Rare but more common in breast cancer needs URGENT treatment

Pain or tenderness in middle or top of the back or neck, severe pain in lower back that gets worse or doesn't go away, pain in back that is worse when coughing, sneezing or straining, back pain that's worse at night, numbness, heaviness, a band of pain around the chest or abdomen or pain down an arm or leg, changes in sensation, for example pins and needles or electric shock sensations. **Contact your clinical team ASAP if you have these following symptoms -** weakness or difficulty using arms or legs, numbness in the area around the back passage (the saddle area), not being able to empty the bowel or bladder, problems controlling the bowel or bladder.

OTHER SYMPTOMS

LIVER: Bloating, affected appetite, weight loss, fatigue, weak, pain near ribs on right hand side.

LUNG: Sharp pain on breathing in chest and back area, non productive cough, fatigue, blood clots can also cause shortness of breath.

BRAIN: Frequent headaches, impaired motor skills, vomiting (first thing in the am), dizzy, visual disturbance, seizure, impaired intellectual function, mood swings, balance, fatigue. Family members and friends may say you are not your normal self.

EYE (very rare): Vision changes — especially unilateral, swelling, pain.

Make sure you always tell your doctor that you have a history of Lobular BC in addition to symptoms or take this pdf along to any appointment and explain LBC is more common to spread to the bones, GI tract or ovaries.

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