

# Supportive Workforce Conference 2026

## Intended outcomes:

- Gain lifestyle knowledge to support patients
- Increase confidence to talk to patients about lifestyle behaviours
- Opportunity to network with peers
- Chance to share best practice and consider different ways of working
- Improved understanding and application of ACCEND
- Awareness of current education offer

## Overview:

- In February 2026, a conference was held for all supportive roles in primary and secondary care working with patients with a cancer experience
- The theme was lifestyle and behaviour
- Presentations and training sessions were delivered on the following topics
  - Lifestyle behaviours including smoking
  - Diet and hydration
  - Physical activity
- Staff had the opportunity to network and share best practice
- Updates were given on the supportive training offer and practical support and guidance on using ACCEND



## Impact

- ✓ 56 staff attended the conference from five of our Wessex Trusts as well as primary care colleagues and Salisbury Hospital team members (31 staff completed the feedback survey)
- ✓ The following roles were represented; Care Coordinator, Social Prescribers, Cancer Support Worker, Pathway Navigator and Health and Wellbeing Coach
- ✓ The interactive Lifestyle session was popular with 97% of survey respondents rating it "very good"
  - "GP information session was very engaging ,so informative and interesting GP information session was very engaging ,so informative and interesting"
- ✓ Other sessions also evaluated well with 90% of participants rating the ACCEND and education "very good" or "good". For physical activity this was 75% and for dietetics it was 97%.
  - "I have already used some of the information in my practice this week which has been great especially regarding the nutrition"
- ✓ Feedback suggest staff felt more confident after the conference
  - "More knowledge of what is about for the patients"
  - "More confidence talking to people about diet/exercise"
  - "Knowledge and information provided, ways to guide patients"
- ✓ Overall, the teams found the conference valuable
  - "Everything today was great, really informative and engaging"
  - "Appreciate having the chance to connect and share knowledge"
  - "Thank you for setting up these days, so much appreciated"