

Dorset Primary Care Cancer Conference

Wednesday 13th March

Mary Kahn
Axminster and Lyme Cancer Support
Patient Experience



ALCS

Founded in 2018.

Clients range from 18-91 in age.

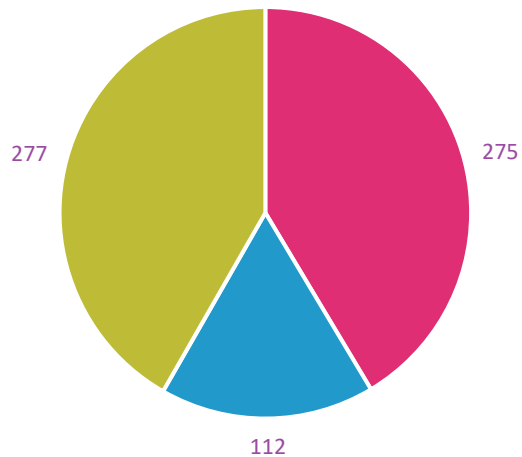
Refer for professional support.

Active Men's group, activities

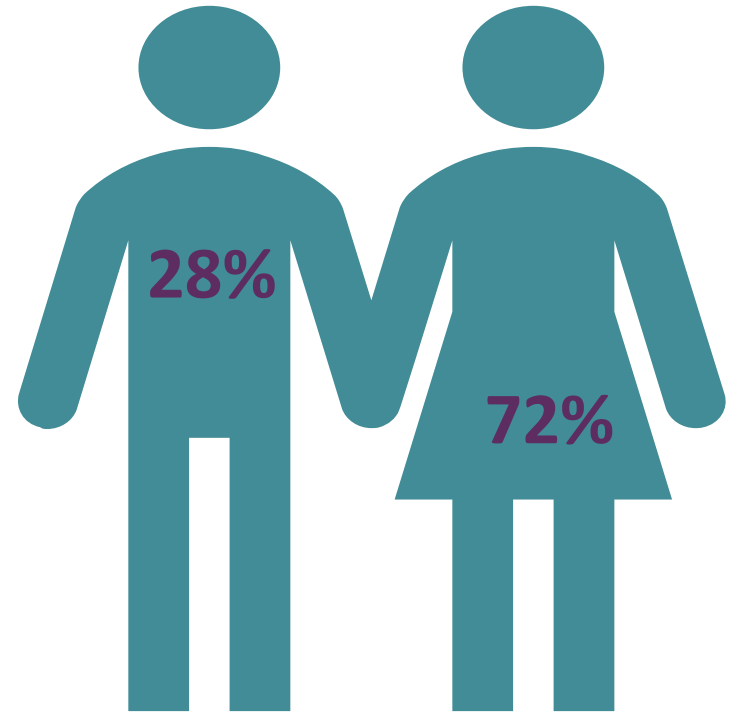
Young person Group

Bowel Cancer Support Group

No charge, no waiting list.



- Feel
- Move
- Think



Axminster & Lyme Cancer Support Clients

Applique Cushion Cover Workshop



with
Katie Vining



Wednesday 10th & 17th April
10.00 - 12.00pm

ALCS, Cross Keys House, Axminster



Mens Pie & Pint



Wednesday 10th April 6.30pm
The Wheelwright Inn - Colyton

Other food & drinks options will also be available.
Pre orders required & numbers are limited.
Please let us know if you wish to attend.



ALCS Bowel Cancer Monthly Support Group

Monday 29th April 6pm - 7.30pm

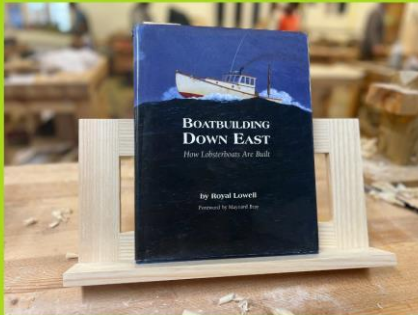


This Support group is open to clients affected by Bowel Cancer.
Please come along to support each other and find out further information.



ALCS, Cross Keys House, Axminster

Axminster and Lyme Cancer Support Clients Book Stand - Workshop



Friday 10th May
9.30am - 2.30pm

Boat Building Academy - Lyme Regis



Axminster and Lyme Cancer Support ROSIE JACKSON - STRENGTH & FITNESS



Fridays 10-11.30 am
10, 17, 24, 31 May
19 & 26 July
2, 9, 16, 23, 30 August

Book per session
max 10 per client

Book via the website
axminsterandlymecancersupport.co.uk



YOGA CLASS



FRIDAY 7TH JUNE 2024
FRIDAY 14TH JUNE 2024
FRIDAY 21ST JUNE 2024
FRIDAY 28TH JUNE 2024
FRIDAY 5TH JULY 2024
FRIDAY 12TH JULY 2024

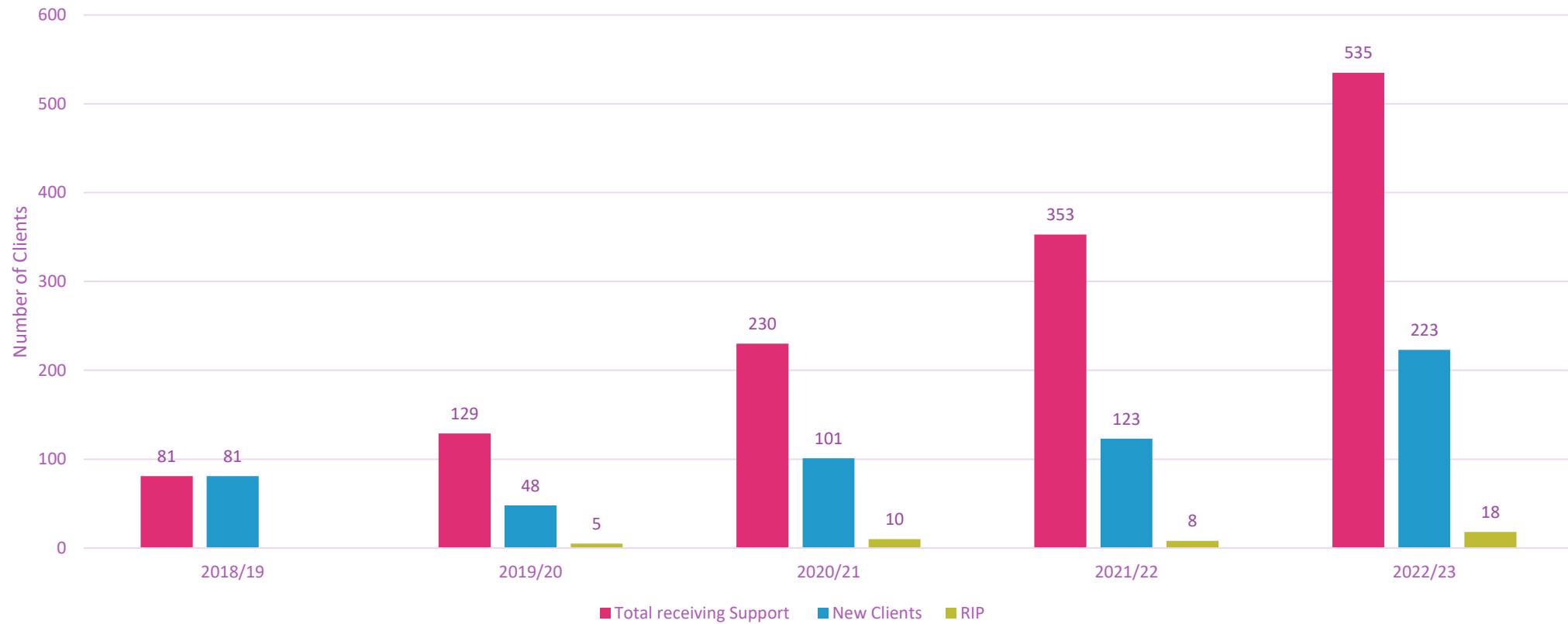
10.00AM - 11.30AM

WITH NADIYA WYNN



ALCS, Cross Keys House, Axminster

Number of individuals accessing ALCS Support



This does not include those who no longer need ALCS support

What ALCS offers



Work with Professionals

Touch

- Massage, acupuncture, hair advice, beauty treatments, reflexology, reiki

Talk

- Counselling

Activity

- Yoga, Nordic walking, physio, PT, Creative writing, breath workshop

We are delighted to work with a number of professionals who are working with us to offer a variety of support to anyone affected by any cancer. It is well documented that these therapies and activities can have a beneficial effect on the health and well-being of people living with and beyond cancer.

Clients are able to access referrals each year.

In 2018/19 we made 31 referrals
In 2019/20 we made 44 referrals
In 2020/2021 we made 124 referrals
In 2021/2022 we made 190 referrals
In 2022/23 we made 291 referrals
So far in 2023/2024 we have made 321 referrals

Our total referrals amounts to over £187,000.

For more details please see the stand on professional partners

Patient experience

My Story



Shelley's story - It's OK not to be OK



Thank –you

