

Perioperative Care Prehabilitation Special Interest Group

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What is CPOC?

- A collaborative, cross-specialty, multidisciplinary centre
- A partnership between patients, the public and professional stakeholders including Medical Royal Colleges



CPOC is a partnership between:



cpoc.org.uk | cpoc@rcoa.ac.uk



CPOC Advisory Group



What are CPOC's aims?

- To improve patient outcomes and experience
- To empower patients, carers and the public
- To educate and develop the workforce
- To influence policy
- To promote research, technology and innovation

www.cpoc.org.uk/about-cpoc/strategy-and-vision

Health Foundation Community

- March 2023 CPOC joined Q Community
www.q.health.org.uk
- Partnered with Macmillan to create Perioperative Care Prehabilitation SIG



Prehabilitation SIG

- Initial focus on prehabilitation and rehabilitation
- Learn and share best practice and experiences to implement change at a local level
- Debate hot topics
- Support and influence national policy
- Enable SDM between patients, family and healthcare professionals
- Share high quality patient information and educational resources
- Share emerging research themes to inform clinical practice

Lawrence Mudford, CPOC Patient Representative



Dr Samantha Moore, CPOC Fellow and Anaesthetist in Training



Dr Garry Davenport, National Clinical Advisor, Macmillan Cancer Support



Sharon Drake, Deputy CEO/Director of Clinical Quality & Research at the RCoA



Where to find out more

- www.q.health.org.uk/community/groups/perioperative-care-prehabilitation/
- www.cpoc.org.uk/get-involved/health-foundation-q-prehabilitation-sig
- @CPOC_News



How can a SIG contribute to enhancing patient care?

Lawrence Mudford
CPOC Patient Representative