**Please return your FIT sample to the surgery in the next few days BEFORE THE SURGERY CLOSES AND BEFORE 3pm ON FRIDAYS. Please write your name/date of birth below and read the advice on taking your sample THANK-YOU**

Name: ………………………………………………………………………. Date of Birth …………………………………………

* Read the leaflet (see inside the envelope) and ask if you have any questions/need any help
* Your sample must not have been touched by toilet water – we suggest you use a disposable plastic tub, balanced in the toilet, to catch your sample.
* The liquid in the sample pot must stay in it, take care to keep the pot upright whilst the top is off.
* Only a small amount of sample is required - like the covering on the end of a matchstick.
* Use a twisting motion to close the pot, until it clicks.
* Write the date you collect your sample on the sticker and the form.
* Put the sticker on the pot, avoiding the seal.
* Put the pot in the sealable part of the bag.
* Put the form in the plastic pocket section of the bag (there is a gap between the 2 sections).

**Thank you for returning your sample to the surgery as soon as possible. You will hear (usually within about a week) if the test is abnormal. However, if you hear nothing and you have ongoing symptoms please contact your clinician again.**

**Please return your FIT sample to the surgery in the next few days BEFORE THE SURGERY CLOSES AND BEFORE 3pm ON FRIDAYS. Please write your name/date of birth below and read the advice on taking your sample THANK-YOU**

Name: ………………………………………………………………………. Date of Birth …………………………………………

* Read the leaflet (see inside the envelope) and ask if you have any questions/need any help
* Your sample must not have been touched by toilet water – we suggest you use a disposable plastic tub, balanced in the toilet, to catch your sample.
* The liquid in the sample pot must stay in it, take care to keep the pot upright whilst the top is off.
* Only a small amount of sample is required - like the covering on the end of a matchstick.
* Use a twisting motion to close the pot, until it clicks.
* Write the date you collect your sample on the sticker and the form.
* Put the sticker on the pot, avoiding the seal.
* Put the pot in the sealable part of the bag.
* Put the form in the plastic pocket section of the bag (there is a gap between the 2 sections).

**Thank you for returning your sample to the surgery as soon as possible. You will hear (usually within about a week) if the test is abnormal. However, if you hear nothing and you have ongoing symptoms please contact your clinician again.**