

On-line Support and the importance of Physical Activity

14th June 2022, 12md–1.00pm via Microsoft Teams

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Agenda

Time	Topic	Speakers
1pm	Cancer Matters Website – on-line support for your patients	Keith Withers
1.20pm	Supporting others to be physically active <ul style="list-style-type: none"> • Are we confident talking about physical activity? • Training and support available Physical activity Risk Consensus statement Discussion - What this means for us?	Emily Khural, Health Officer, Energise Me. Helen Fisher, Head of Health & Strategy, Energise Me
1.50pm	Person centred Physical activity signposting Discussion - What works well?	Emily Khural, Health Officer, Energise Me.
2pm	Close	