

**Wessex Cancer Alliance –  
Advising and supporting people with cancer and nutrition  
Monday 28<sup>th</sup> February at 13:00-14:00, via Microsoft Teams**

## Microsoft Teams meeting

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## Agenda

Time:	Item:	Name:
13:00-13:10	Introduction to the role of the dietitian:  Nutritional screening. Dietary interventions. Rehabilitation & survivorship. Managing side effects of cancer treatments.	Jess Stanton <b>(Rotational Specialist Dietitian-Oncology/ Haematology, University Hospital Southampton)</b>
13:10-13:25	Managing weight throughout treatment:  How to identify cancer cachexia. Maintaining weight throughout treatment. Food fortification and healthy alternatives.	Jennifer Van-Zant <b>(Senior Dietitian, Oncology and Home Enteral Nutrition, St Mary's Hospital, Isle of Wight)</b>
13:25-13:35	Misconceptions from the media and use of supplementation:  Myth busting. Use of vitamin and mineral supplementation. Oral nutritional supplements.	Kate Thomas <b>(Specialist Gynae-Oncology and Oncology Dietitian, University Hospital Southampton)</b>
13:35-13:40	How to access a dietitian.	Jessica Stanton <b>(Rotational Specialist Dietitian-Oncology/ Haematology, University Hospital Southampton)</b>
13:40-14:00	Questions.	All