Improving care to support patients diagnosed with Cancer in Wessex

NHS
Wessex
Clinical Networks

The Wessex Cancer Alliance has been awarded National Health Service England transformation funding for five projects to improve the quality of care for patients living with and beyond a cancer diagnosis. This work supports the National Cancer Strategy in striving to achieve world class cancer outcomes.

Point of diagnosis

WesFit

Work undertaken in University Hospitals Southampton NHS Foundation Trust has found that patients can maintain or even increase their fitness before surgery by taking part in an exercise programme in the hospital. We want to test if participation in an exercise programme, delivered in community gyms and cancer centres, can improve patients fitness and speed up their recovery. We will also investigate whether providing additional psychological support to prepare patients for surgery (improving mental fitness) is also helpful to recovery.

Treatment

Recovery Package

We are ensuring as many cancer patients as possible have access to the recovery package. This has 4 main interventions:

- Holistic Needs Assessment and Care Planning
- Treatment Summaries
- Health and Wellbeing Events
- Cancer Care Reviews

These elements form part of an overall support and self-management package for people affected by cancer.

End of active treatment

Stratified Pathways of Care

Improving aftercare services by matching support to a person's needs rather than a one size fits all follow-up service.

1yr post end of active treatment

Quality of Life Metric

A project to support the development of a national metric on quality of life which will enable better evaluation of long-term quality of life after treatment.

Enabling Access to a Clinical Nurse Specialist / Key Worker

One of the key outcome measures from the Cancer Patient Experience Survey. The delivery model will focus on the introduction of an Band 4 support worker to (under the supervision of the CNS) support colorectal cancer patients from the time of diagnosis. This has the potential to inform future service models across all tumour groups.

CANCER RESEARCH UK

WESSEX CANCER TRUST

WE ARE MACMILLAN. CANCER SUPPORT

For further information please contact the Wessex Cancer Alliance:

england.wessexscn@nhs.net

March 2018

CS47135